About the Author: Alex Vasquez DC ND DO FACN is Director of Programs for the International College of Human Nutrition and Functional Medicine, online at ICHNFM.org. The founding Program Director of the world’s first fully-accredited university-based graduate program in Human Nutrition and Functional Medicine, Dr. Alex Vasquez has earned three doctoral degrees as a graduate of University of Western States (Doctor of Chiropractic, 1996), Bastyr University (Doctor of Naturopathic Medicine, 1999), and University of North Texas Health Science Center, Texas College of Osteopathic Medicine (Doctor of Osteopathic Medicine, 2010). Dr. Vasquez is the author of many textbooks, including "Integrative Orthopedics (2004, 2007, 2012) Integrative Rheumatology (2006, 2007), Musculoskeletal Pain: Expanded Clinical Strategies (published by the Institute for Functional Medicine, 2008), Chiropractic and Naturopathic Mastery of Common Clinical Disorders (2009), Integrative Medicine and Functional Medicine for Chronic Hypertension (2011), Migraine Headaches, Hypertension, and Fibromyalgia (2011), Fibromyalgia in C (2012), and Selected Topics in Neuromusculoskeletal Medicine (2013). "DrV" has also written approximately 100 letters and articles for professional magazines and medical journals such as British Medical Journal (BMJ). TedAcnet.com, Annals of Pharmacotherapy, Journal of Clinical Endocrinology and Metabolism, Journal of the American Medical Association (JAMA), Alternative Therapies in Health and Medicine, Journal of the American Osteopathic Association (AOA), Nutritional Perspectives, Journal of Manipulative and Physiological Therapeutics (JMPT), Oriental Intensive, Integrative Medicine: A Clinician’s Journal, Holistic Primary Care, and Arthritis & Rheumatism, the Official Journal of the American College of Rheumatology. Dr. Vasquez lectures nationally and internationally to healthcare professionals and provides expert consults to physicians and patients internationally. Dr Vasquez is the Founding Editor of International Journal of Human Nutrition and Functional Medicine (IntHumNutrFuncMed.org), and he is the Conference Director for The International Conference on Human Nutrition and Functional Medicine (ICHNFM.org). A description of Dr Vasquez’s other projects, books, audios, and videos is updated at his website InflammationMastery.com with patient consultation information located at HealGrowThriveMedicine.com. All of Dr Vasquez’s publications are available on Amazon.com and CreateSpace.com with videos at Vimeo.com/ICHNFM and Vimeo.com/DrVasquez; indeed, several available videos by Dr Vasquez will help students and clinicians gain important insights into the clinical application of this material, including doses of nutrient additional citations to research, important clinical pearls, and expanded discussions on various topics, including what DrV refers to as “the new nosocomial medicine”, as revised in his innovative, insightful, and paradigm-shifting perspectives published in the journal "Alternative Therapies in Health and Medicine" (January 2014, available at ICHNFM.org).