

Note that as of September 2019, two additional video channels have been opened at:

- <https://www.brighteon.com/channel/biomedicaleducation>
- <https://www.bitcute.com/channel/medicaleducation>

Those are in addition to the main repositories at <https://vimeo.com/drvasquez> and <https://vimeo.com/ichnfm> and www.ICHNFM.ORG/public

2019 Vitamins Against Viruses: Implausible Pro-Vaccine Publications Contrasted Against Ignored Public Health Campaigns and Double-Blind Placebo-Controlled Clinical Trials. *Journal of Orthomolecular Medicine*

- PDF download: <https://www.academia.edu/39406350>
- Web version: <https://isom.ca/article/vitamins-against-viruses>
- Additional source: <https://www.ichnfm.org/public>

2019 Editorial Vasquez Pizzorno. Concerns About Integrity of Scientific Research Process—Focus on Recent Negative Publications Regarding Nutrition, Multivitamins, Fish Oil and Cardiovascular Disease. *Integrative Med*

- PDF download: <https://www.academia.edu/39907759>
- Additional source: <https://www.ichnfm.org/public>

2019 Vitamin D articles and letters 2004-2019 by Dr Alex Vasquez

- PDF download: <https://www.academia.edu/40429791>
- 2017 article: <https://www.ichnfm.org/d>
- 2017 blog re Kimball SM, Mirhosseini N, Holick MF. Evaluation of vitamin D3 intakes up to 15,000 international units/day and serum 25-hydroxyvitamin D concentrations up to 300 nmol/L on calcium metabolism in a community setting. *Dermatoendocrinol* 2017 Apr: <https://www.ichnfm.org/d3>

2019 Antiviral Nutrition Protocol ebook, articles, video <https://www.inflammationmastery.com/antiviral>

- **2019 video re-introduction** <https://vimeo.com/357388714>
- **DOWNLOAD:** <https://vimeo.com/drvasquez/download/357388714/695f555d7c>
- See also: <https://www.inflammationmastery.com/antiviral>
- See also series of blogs and articles:
 1. **ARTICLE** The Importance of Having and Using a Structured Approach to the Management of Viral Infections: Introduction: <http://ichnfm.org/antiviral>
 2. **VIDEO** One Hour of Video Tutorial on Antiviral Strategies and Immune Nutrition: <http://ichnfm.org/antiviral2>
 3. **ESSAY** The Vaccination Indoctrination: A Few Personal Reflections from a Physician: <http://ichnfm.org/antiviral3>
 4. **VIDEO** Barcelona presentation 2016: Examining Immunity: <http://ichnfm.org/antiviral4>
 5. **PDF** Unified Antiviral Strategy published by ICHNFM: <https://www.ichnfm.org/antiviral5>
 6. This series is listed sequentially with the prefix ichnfm.org/antiviral with a number suffix

2019 BMJ.com Response to Article "Prevalence of cervical disease at age 20 after _____ with bivalent HPV _____ at age 12-13 in Scotland": public health campaigns to improve vitamin D nutriture occurred within same timeframe as HPV _____ [rapid response].

- PDF: <https://www.academia.edu/39201317>

Vitamin D against HPV (human papilloma virus): Actionable Information and Paradigm Shift

- Download: <https://vimeo.com/drvasquez/download/251566879/4606da9fe9>
- Video: <https://vimeo.com/251566879>

Drug injury shown to cause fibromyalgia-like clinical presentation:

- VIDEO: <https://vimeo.com/347925713>

Fibromyalgia 2019 Epic Functional Medicine Conference Introduction:

- VIDEO: <https://vimeo.com/342454661>

Fibromyalgia diagnosis criteria changed to include drug injury

- VIDEO: <https://vimeo.com/337090478>
- DOWNLOAD: <https://vimeo.com/drvasquez/download/337090478/0710547085>

Bad Science in Medical Nutrition: Politics of Fish Oil

- VIDEO: <https://vimeo.com/314997927>
- DOWNLOAD: <https://vimeo.com/drvasquez/download/314997927/2e99a835bf>
- PDF: <https://www.academia.edu/38289348>

Download and Share Research Review (updated 20mar2019): Acute encephalopathy followed by permanent brain injury or death

- VIDEO: <https://vimeo.com/322315232>
- DOWNLOAD AND SHARE: <https://vimeo.com/drvasquez/download/322315232/2d5d596d3b>

BRIEF Critique of "Effects of n-3 Fatty Acid Supplements in Diabetes Mellitus: ASCEND Study" N Engl J Med 2018 Aug

- VIDEO: <https://vimeo.com/287650812>
- PDF: <https://www.academia.edu/37964035> Please note that this was a formal submission to the NEJM that was rejected despite its merit
- PDF: <https://www.academia.edu/37329403>
- DOWNLOAD: <https://vimeo.com/drvasquez/download/287650812/flb45ab894>

Fibromyalgia Functional Medicine Conference Presentation: Introduction part I

- English: <https://vimeo.com/ondemand/fibromyalgia2019>
- VIDEO: <https://vimeo.com/342454661>
- Subtitulos español castellano: <https://vimeo.com/ondemand/fibromialgia2019>

Scientific Writing and Journal Editing: Tips #1

- VIDEO: <https://www.facebook.com/InflammationMastery/videos/2017718101674712/>
- VIDEO: <https://vimeo.com/318326979>
- PDF: <https://www.academia.edu/38426918>

Critique of "Effects of n-3 Fatty Acid Supplements in Diabetes Mellitus: ASCEND Study" New England Journal of Medicine 2018 Aug

- VIDEO: <https://vimeo.com/287266715>
- PDF: <https://www.academia.edu/37326521>
- DOWNLOAD: <https://vimeo.com/drvasquez/download/287266715/69e887fc7a>

Introduction to Cardiovascular Nutrition (cardionutrition #1): Ketogenic Diet and Potassium Citrate

- VIDEO: <https://vimeo.com/277472451>
- PDF: <https://www.academia.edu/36947369>

Importance of acid-base balance, serum bicarbonate, potassium citrate, urine pH

- VIDEO: <https://vimeo.com/282027203>
- DOWNLOAD: <https://vimeo.com/drvasquez/download/282027203/d7b9b59040>
- PDF: <https://www.academia.edu/37138783>

How to read a multivitamin and mineral label: Introductory concepts (free video download)

- VIDEO: <https://vimeo.com/274281484>

DOWNLOAD and SHARE: Under-reporting by healthcare providers

- VIDEO: <https://vimeo.com/325221191> download available
- DOWNLOAD AND SHARE: <https://vimeo.com/drvasquez/download/325221191/4e54ad00a4>

DOWNLOAD and SHARE: Senator describes iatrogenic death of his daughter

- VIDEO: <https://vimeo.com/325221258>
- DOWNLOAD: <https://vimeo.com/drvasquez/download/325221258/e0c195e7e0>

Short review of "Supplemental Vitamins and Minerals for CVD Prevention and Treatment"

- VIDEO: <https://vimeo.com/273402598>
- Download: <https://vimeo.com/drvasquez/download/273402598/44c2c128ce>
- PDF: <https://www.academia.edu/36790803>

Perpetuating Nutritional Ignorance among Doctors and Recycling Bad Science at JAMA and AMA

- VIDEO: <https://vimeo.com/265987272>
- DOWNLOAD: <https://vimeo.com/drvasquez/download/265987272/bbcfb27773>
- PDF: https://www.academia.edu/36470484/Another_nail_in_the_coffin_for_JAMA_and_AMAs_credibility

Review of "Associations of Omega-3 Fatty Acid Supplement Use With Cardiovascular Disease Risks" JAMA Cardiology 2018

- VIDEO: <https://vimeo.com/255648523>
- PDF: <https://www.academia.edu/35935996>

Hyperkalemia, Laboratory Assessment of Renal Function: 2016 edit of 2012 lecture

- VIDEO: <https://vimeo.com/152296851>

FIBROMYALGIA Pathology, Politics, Nutrition, Functional Medicine, Dysbiosis, Microbiome, Mitochondria

- You can download this video file here: <https://vimeo.com/drvasquez/download/308187060/12e5fc6928>

Medical Education, Drug Safety Education...or...Drug Sales Training

- DOWNLOAD: <https://vimeo.com/drvasquez/download/357243119/b5a29912c7>

NAC video introduction

- <https://vimeo.com/drvasquez/download/363903395/cf3090f769>

ARTICLES: Archived at <https://ichnfm.academia.edu/AlexVasquez> and <https://www.inflammationmastery.com/reprints> and <https://www.ichnfm.org/public>

1. https://www.academia.edu/38088930/Orthomolecular_medicine_catalytic_creativity_and_the_psychosocial_eco_system. *Journal of Orthomolecular Medicine* 2018
2. https://www.academia.edu/34732937/Vasquez_A_Biological_plausibility_of_the_gut_brain_axis_in_autism. *Annals of the New York Academy of Sciences* 2017
3. https://www.academia.edu/34072801/Open_Correction_to_PLOS_One_and_Grave_Concern_about_the_Journal_s_Editorial_Quality_and_Review_Process_Comment_on_Microbiome_restoration_diet_improves_digestion_cognition_and_physical_and_emotional_wellbeing. *PLOS One* 2017 Jun. *Int J Hum Nutr Funct Med* 2017
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